## ALETHIA'S TOP 5 REASONS FOR THE IMPORTANCE OF PROFESSIONAL DEVELOPMENT

The advice of Dr. Debbie Lyle's mentor, Alethia, rings as true today as when she first heard it ...

"Change happens so quickly in healthcare. Just watch! You'll be out for 2 weeks, and you'll come back to a new policy or procedure change that you'll need to learn. You must always ensure your knowledge is relevant and up to date."

"While your past experiences have taught you well, we do tend to do what we have always done. You must always keep learning."

"Professional development can open up new knowledge and ways to help your students be poised for success as they enter the workforce."

"We must instill confidence in our students, our practice partners, and our community. After all, we are educating not only competent nurses but nurses who understand the value of life-long learning."

"Professional development can help with your leadership development and your ability to coach and mentor others."

