

# Strategies

## to use in the lab/simulation

### Activity: Health assessment

- Develop a scenario (simulation, written, or on-screen) with unexpected health assessment findings.
- Provide client information.
- Instruct students to do the following:
  - Identify relevant assessment findings.
  - Create a list of additional information to collect from client.
  - Identify the client's priority problem.
  - Identify priority intervention based on findings.
  - Identify desired client outcomes.
  - Document findings in the electronic health record.

#### CLIENT EXAMPLE

##### History and physical

- 82-year-old seen in ED with a temperature >101 F (>38.3 C) (oral)
- Abdominal cramps and diarrhea x 4 days
- Medical history of hypertension for 20 years
- Prostate cancer 5 years ago

##### Nurses' notes

- Skin warm and dry with tenting
- Care partner says client has become confused and has not urinated for 8 hours
- Reports abdominal pain 8/10, nausea and vomiting x 3
- Reports drinking approximately 5 glasses of water with no food yesterday
- Dry mucus membranes
- Decreased urine output (amber color)
- Lung sounds clear bilaterally
- Heart sounds S<sub>1</sub>S<sub>2</sub>
- Bowel sounds hyperactive in all 4 quadrants.

##### Vital signs

- Temperature: 101 F (38.3 C) (oral)
- Respiratory rate: 16/min.
- Heart rate: 118/min.
- B/P: 114/66 mmHg